

# Capuchins to Take on German Fest Run

You can tell that Capuchin friar Dave Schwab is a runner. His tall frame is a give-away. When pressed, he will admit he was once an avid runner. Brother Dave, is also the director of St. Ben's Community Meal Site. When he was approached by German Fest for St. Ben's to be the chosen charity for the July 28<sup>th</sup> 5K run, it took only a moment to say yes.

"It's exciting to get involved with an event of this magnitude," Brother Dave explains. "We are hoping to put together a run that the serious runner can enjoy. We plan to get this year's run under our belt; then we would like to look into sanctioning the run. We're hoping that the Striders will come out and support this effort. We want to host an event that runners will look forward to, year after year."

"The run is also a great way to make the community aware of St. Ben's Community Meal. I look at it as Milwaukee's biggest potluck dinner," Brother Dave explains. "We have organizations and parishes who provide hot, home-made dishes. They bring it to our meal hall on 9<sup>th</sup> & State and serve it to our guests, many who are homeless."

Approximately 2,000 meals are served each week. Besides feeding the hungry, St. Ben's provides bus tickets to those who need to go to job interviews, doctor appointments, etc.

"Our bus ticket program is really needed. Our guests are chronically poor and need assistance to get to various points within the city. Some are trying to break out of the cycle of poverty. Everyone is just trying to get through the day. We try to help in any way we can," Brother Dave concludes.

The evening run has a 7 PM start. Registration includes entrance into German Fest and two festival beverage coupons.

Overall trophies and age category awards will be presented. WTMJ's Bill Michaels, the Big Unit, will be emceeing the event.

To register, go to [www.GermanFest.com](http://www.GermanFest.com) or [www.stbensmilwaukee.org](http://www.stbensmilwaukee.org)



Sunday, August 6, 2006

# The Cudahy 5 & 10 Mile Road Races

by Bill Jahnke – Race Director

Do you remember the game/comic "Where is Waldo?" We have something better in Milwaukee with, "Where is John Bell?" John did put on his hill climb in Whitnall Park early this spring, but now seems to have gone back into hibernation. But he promises to be back in full force at the Cudahy 5/10 Miler. I can see the Strider Graffiti Board lighting up with "NEW" posts. Free entries? Never, always! Too much food!! We've never done it that way before! Let's try new ideas! If John brings nothing else, he brings out new ideas for us to try as well as interesting discussion on the Graffiti Board.



But shouldn't this article be about the race and not just about John Bell? Certainly!

The race will be held in similar fashion as the last two years. We have the same picnic areas reserved in Sheridan Park, which is at the east end of Layton Avenue in Cudahy. The date is August 6 on a Sunday morning that I predict to be cool, slightly overcast with low humidity. The race will start at 8:00am sharp. The course may have slight changes, but will be similar in that it will be a five-mile loop primarily run on the Oak Leaf Trail. The five-mile race will run once around the loop and the ten mile course will repeat the course. There will be a kids' race sometime after the ten miler is completed. The awards and perks haven't yet been decided, but you can assume that there will be more of a focus on food and drink than on awards (Oh well). There is ample parking, but the earlier you arrive means the closer you park to the Start/Finish line.

The entry form can be downloaded from [www.badgerlandstriders.org](http://www.badgerlandstriders.org) and I can be contacted at [cudahy-bill@wi.rr.com](mailto:cudahy-bill@wi.rr.com). John and I hope to see you on race day either running around the five mile loop or helping us put on the event by volunteering.

The race will be held in similar fashion as the last two years. We have the same picnic areas reserved in Sheridan Park, which is at the east end of Layton Avenue in Cudahy. The date is August 6 on a Sunday morning that I predict to be cool, slightly overcast with low humidity. The race will start at 8:00am sharp. The course may have slight changes, but will be similar in that it will be a five-mile loop primarily run on the Oak Leaf Trail. The five-mile race will run once around the loop and the ten mile course will repeat the course. There will be a kids' race sometime after the ten miler is completed. The awards and perks haven't yet been decided, but you can assume that there will be more of a focus on food and drink than on awards (Oh well). There is ample parking, but the earlier you arrive means the closer you park to the Start/Finish line.

The entry form can be downloaded from [www.badgerlandstriders.org](http://www.badgerlandstriders.org) and I can be contacted at [cudahy-bill@wi.rr.com](mailto:cudahy-bill@wi.rr.com). John and I hope to see you on race day either running around the five mile loop or helping us put on the event by volunteering.



## From the Archives

### Strider History from 25, 20, 15 and 10 Years Ago

by Ron Winkler, BLS Historian

#### 25 Years Ago

Sunday, June 7, 1981

Cedarburg, Cedar Creek  
10,000 Meter Run

**Overall Men** Jeff Anderson, 30:38; (13 & under) Randy Damkot, 38:14; (14-19) Anderson; (20-29) Mike Dobrient, 30:45; (30-39) Tom Hoffman, 32:06; (40+) Robert Sarver, 37:04.

**Overall Women** Mary Klas, 35:44; (14-19) Klas; (20-29) Susan Shepard, 43:53; (30-39) Merrie Baltramonas, 41:45; (40+) Lee Cerk, 50:40. (362 runners)

#### 20 Years Ago

Wednesday, June 25, 1986

Coors Light Superun 5K  
Lake Park, Milwaukee

**Overall Men** Scott Jenkins, 14:28; (1-14) Eric Loferski, 18:54; (15-19) Mike Sliwa, 16:06; (20-24) Jenkins; (25-29) Richard Dodd, 16:08; (30-34) Rick Kocaja, 15:32; (35-39) William Nelson, 14:43; (40-44) Mike Kirkwood, 17:11; (45-49) John Becker, 17:57; (50-54) Paul Kutschera, 18:33; (55-59) Knud Stobbe, 20:29; (60+) Howard Knox, 21:26.

**Overall Female** Kim Merritt, 17:39; (1-14) Noel Hansen, 19:10; (15-19) Kristin Alioto, 19:25; (20-24) Jody Dreis, 20:50; (25-29) Kim Plucker, 21:03; (30-34) Merritt; (35-39) Marianne Oberbillig, 21:11; (40-44) Joy Figg, 21:47; (45-49) Georgia Dolister, 24:04; (50+) Mary Bonness, 23:08.

#### 15 Years Ago

Thursday, June 6, 1991

Jane Jansen Beres Memorial 5K  
Greenfield Park, West Allis

**Overall Men** Kevin Grabowski, 15:55; (1-15) Tom Veley, 18:02; (16-19) Andy Streicher, 17:09; (20-24) Grabowski; (25-29) Peter Sell, 16:01; (30-34) Glen Henthorn, 16:17; (35-39) Alan Ammentorp, 16:42; (40-44) Dan Pierce, 17:45; (45-49) Dennis Yule, 16:39; (50-54) Lindsay Skinner, 18:28; (55-59) Duane Holz, 19:04; (60-64) John Mulhern, 22:55; (65+) Dewey McMickle, Jr., 23:19.

**Overall Women** Sheri Belau, 19:37; (1-15) Angela Hartranft, 20:11; (16-19) Amy Haines, 19:49; (20-24) Wanda Williams, 19:55; (25-29) Belau; (30-34) Mary Krings, 20:14; (35-39) Mary Wenger, 20:45; (40-44) Mary Guthrie, 23:33; (45-49) Lisa Clapsaddle, 25:43; (50-54) Georgia Dolister, 24:42; (55-59) Nancy Mack, 27:37; (60-64) Lois Gilmore, 24:45; (65+) Agnes Reinhard, 25:46. (609 finishers)

#### 10 Years Ago

Wednesday, June 26, 1996

Superun 5K  
Lake Park, Milwaukee

**Men Overall** Tony Rodiez, 15:45; (1-14) Andrew Hsu, 20:39; (15-19) Aaron Brown, 16:14; (20-24) Michael Myette, 17:27; (25-29) Kevin Mullinax, 16:28; (30-34) Peter Sell, 15:46; (35-39) Rodiez; (40-44) Dan Rindfleisch, 16:43; (45-49) Ron Erhardt, 17:05; (50-54) Ernst Wendland, 17:02; (55-59) Charles Bressler, 19:50; (60-64) Ken Burman, 21:52; (65+) Glenn Weeks.

**Female Overall** Kristin Ihle, 16:36; (1-14) Thea Petersen, 26:41; (15-19) Becky Runnels, 22:05; (20-24) Kelly Delaney, 19:29; (25-29) Ihle; (30-34) Kathleen Green, 18:39; (35-39) Corrine Hlavka, 18:21 (40-44) Cheryl Neumann, 18:39; (45-49) Joan Heimler, 22:35; (50-54) Cathy Peepo, 25:11; (55-59) Kay Loomis, 26:29; (60-64) Jean Otto, 24:14; (65+) Lois Gilmore, 24:35. (681 finishers)

