

Capuchins' Run-Walk for the Hungry Marks 13th Year

The Capuchins' Run-Walk for the Hungry, a 5K run and a 2-mile walk, will be held during Polish Fest at 6 p.m. Friday, June 15, at the Henry Maier Festival Park.

This is the 13th year for the event, whose proceeds feed the hungry through Capuchin Community Services' two locations: St. Ben's Community Meal and House of Peace. Sports-talk radio host Bill Michaels will again be the emcee of the event. For the 13th year, Usinger's will donate up to 1 pound of product for each registered participant. Usinger's has donated more than 29,629 pounds of product since the Run-Walk began in 2006.

The 5K run will have a chip-timed finish. Overall trophies and age category medals will be presented to the runners. The course will once again be USATF certified.

A new 2-mile walkers' course will route participants through Lakeshore State Park and onto the scenic island,



▲ The Capuchins' Run-Walk for the Hungry, held this year on June 15, will support the St. Ben's Community Meal and House of Peace. (Submitted photo)

guaranteeing sweeping vistas, harbor views and the city skyline. This walk route will offer the best that Milwaukee has to offer, all while helping feed Milwaukee's hungry.

Parishes are encouraged to create a parish team. Teams with five or more members will have the team name printed on their commemorative T-shirts. Runners and walkers can be on the same team.

"Parishes are the backbone of the event," said Capuchin Friar Rob

Roemer, ministry director of Capuchin Community Services. "This year, we are offering team shirts to those teams with five or more members. Also new this year, we are offering a staggered start. We are sending the runners off at 6:30 p.m. The varied course is fun for both the elite athlete and for the recreational runner. At 7 p.m., our walkers will head for Lakeshore State Park. What can be better than dramatic vistas and a gentle lake breeze while walking or running for Milwaukee's hungry?

"No person should be hungry," Br. Rob continued. "People often associate the winter months as being a critical time for Milwaukee's hungry. Actually, the need escalates during the summer months due to children being out of school and more individuals living on the streets. Our ministry sites experience the highest demand during the summer months. This is our 50th year of serving the hungry in Milwaukee. None are turned away from our Capuchin ministry who seeks emergency aid for food."

If registered by June 3, the \$30 run (\$20 for children) and \$25 walk (\$15 for children) registration fee includes entrance into Polish Fest and free return to Polish Fest all weekend. After June 3, registration fees increase \$5. Registrations are accepted up to the day of the event.

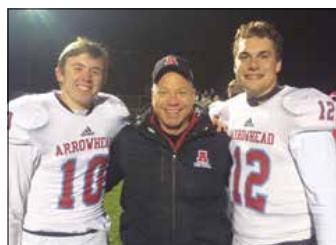
Online registration is now open at www.CapuchinsRunWalkForTheHungry.org.

Cavaliers Tab Arrowhead Assistant as New Grid Coach

St. Thomas More High School has named Arrowhead assistant coach Thomas J. Handziak as the school's ninth head football coach.

"We are thrilled to welcome Coach Tom Handziak to the St. Thomas More family," Athletic Director John Hoch said. "Pulling on his diverse experiences as a player, coach, father, and as a business executive, coach Tom will instill our student-athletes with the courage, integrity and discipline needed to achieve their goals both on the field and in the classroom."

Most recently, Handziak served as quarterbacks coach at Arrowhead High School, where he helped two



▲ Thomas Handziak, shown with two Arrowhead football players, has been named as the new head football coach at St. Thomas More High School. (Submitted photo)

quarterbacks earn All-Conference honorable mention for the 2017 season. Before joining the Arrowhead staff,

Handziak coached at Milwaukee's Bradley Tech.

"Athletics serve as an extension of a student's education, teaching them how to approach the demanding and competitive world around them," Handziak explained. "Challenges and obstacles encountered on the field of play – including how to persevere through loss or failure – fortify students' ability to successfully apply the information they learned in the classroom."

Handziak began his coaching career with the Wisconsin Warriors of the Independent Women's Football League, serving three seasons as head coach

and two seasons as the team's general manager. While with the Warriors, Handziak coached his teams to two division championships and three playoff appearances, amassing a total record of 22-4.

"St. Thomas More and its predecessor schools have a rich and vibrant tradition of molding student-athletes who display leadership and determination when faced with adversity," St. Thomas More Principal Nicholas Kelly said. "We are confident that under Coach Tom's inspiring leadership, our student-athletes will expand on this tradition of academic and athletic excellence."