

## **CAPUCHIN RETREAT LAUNCHES NEW WEB SITE**

Washington, MI (August 29, 2007) -- Capuchin Retreat, a Capuchin retreat center located in Washington, has launched a new web site. The new web site address is [www.capretreat.org](http://www.capretreat.org)

“We wanted a site that would speak to everyone,” Capuchin friar Ken Reinhart, administrator of the retreat center, explains. “People look to the web as part of their daily routine. We wanted a visually stimulating site that encourages people to come to the retreat center and experience the peacefulness for themselves.

“Most people’s days are spent getting through a myriad of details and chores. Capuchin Retreat’s beauty and quiet encourages the individual to stop and re-evaluate. Some say that retreat centers have never been more important than they are today. As lives become busier, we need places that encourage solitude,” Friar Ken continues.

The web site includes a tour of the retreat center. Prayer requests are encouraged and are received by the friars. A meditation that changes weekly is also featured on the site. The meditation encourages the visitor to rest and reflect.

“Spirituality is what many are searching for,” Friar Ken says. “People become preoccupied with what the world offers. The spiritual side can be neglected. Too often spirituality has a very low priority. At Capuchin Retreat, we try to give people the time to explore their spirituality. They then realize how important this aspect of their life is and that it needs to become a priority in their day to day life.”

Friar Jerry Kessel, Capuchin Retreat’s Director of Programming and Retreats, agrees. “Typically, people do not schedule quiet time in their lives. Everyone is always on the go. Time at a retreat and spirituality center gives one the ability to truly experience peace without interruption. No one has a claim on your time. And it is this peace that lets you be available to God.”

Finding younger retreatants is a high goal for both friars. “Retreatants who attend regularly recognize the tremendous value of the retreat experience. Those who are younger have not yet made this a part of their spiritual life. We are always looking to reach out to younger people,” Reinhart explains. “People are stressed out. They are fatigued. They are looking for peace. Capuchin Retreat is a place of peace.”

The retreat center has private rooms with private baths. Its 95 acres, including walking trails, is adjacent to a nature conservancy.

Capuchin Retreat is a Capuchin ministry and is part of the Capuchin Province of St. Joseph which is headquartered in Detroit and has ministries worldwide.