



Capuchin Soup Kitchen



Capuchin Soup Kitchen's Earth Works

www.earth-works.org



The Capuchin Soup Kitchen's Earth Work's Garden promotes sustainable agriculture and healthy food choices through organic vegetable production and gardening/food workshops for families and youth. Over 10,000 pounds of produce originates from Earth Works' gardens.

Earth Works is comprised of a variety of programs and activities:

- **Earth Works** is an urban farm project producing fresh, organically grown produce. The Earth Works' 2,200 square foot greenhouse provides vegetable seedlings for the Earth Works' fields, Detroit Agricultural Network members, and the Growing Healthy Kids programming. Harvested produce has a variety of uses including
 - Women Infant and Children (WIC)/Project Fresh
 - Community Mini-Markets
 - In products such as jams, honey, hand balm, soup base, pickled beets and heirloom seed line
- **Growing Healthy Kids** is an Earth Works' program that is a collaborative venture with Iroquois Avenue Christ Lutheran Church. It serves local youth, ages 6-12 years. Growing Health Kids provides safe, out-of-school gardening, cooking and food preservation activities. The program's goal is to cultivate the importance of nutritional food production and food preservation/preparation.
- **Earth Works Honeybee Apiary** consists of 22-hives located at four sites. The apiary provides educational experiences for youth. The Earth Works Apiary provides honey and other hive products for Earth Works program promotion.